**Tzatziki Sauce**

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**Ingredients**

40 ml of thick Greek yogurt

1 clove of garlic, finely chopped

30 ml of grated cucumber

5 ml of olive oil  
7 ml of lemon juice

**Method**

1. Combine oil and lemon juice in a medium mixing bowl.
2. Fold the yogurt in slowly, making sure it mixes completely with the oil.
3. Add garlic and the grated cucumber.
4. Mix together and place in the refrigerator until ready to serve